

From Anxiety To Meltdown How Individuals On The Autism Spectrum Deal With Anxiety Experience Meltdowns Manifest Tantrums And How You Can Intervene Effectively

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Autism and Sensory Issues

own sensory issues may vary depending on the day, stress and anxiety levels Overloading of the senses can lead to meltdown or shutdown if sensory overload is sufficiently high Keep a record of these events, with details of what went before to try and work out the trigger Vision Some people with autism have an excellent eye for

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